

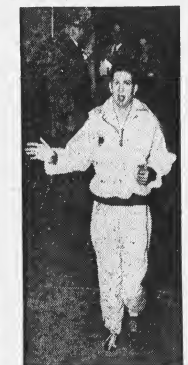




## Experiments indicate only animal fat among fatty foods injurious to heart

Scientists studying the role of diet in heart disease at the University of Capetown, South Africa, medical school believe that vegetable oil is beneficial and fish oil is even better, according to a recent story by Astley Hawkins of Reuters News Agency.

Evidence of a link between fatty foods and heart disease already has been found by research workers in various parts of the world but the experiments carried out here indicate that only animal fat is harmful.



**THE LONELY RACE** — Alone save for a few newsmen and police, Mrs. Santee is shown as she waited for a new man to meet at Madison Square Garden while his suspension by the AAU ran the gamut of the courts. Even if America's greatest miler is declared to be a Simon-pure amateur, Amateur Athletic Union's lifetime ban on him for allegedly accepting excessive expense money may stick with the International Olympic Committee. Such action would bar him from participation in the Olympic Summer Games at Melbourne, Australia.

A survey made by the clinical nutrition research unit at the medical school of the frequency of heart disease among the different race groups in South Africa showed that the incidence of the disease is highest among Europeans, less frequent among the colored (mixed-blood) people and rare among Africans.

The incidence corresponded directly with the animal fat consumption of the different groups.

### Research findings

One widely-held theory about the causes of heart disease is that excess fat in the blood tends to collect on the walls of arteries and obstruct the blood flow.

After completing its survey into the racial groups, the Capetown unit investigated the difference in the effect of animal and vegetable fats. Using volunteers, the research workers found that only animal fat raised the fat level in the blood.

Then they discovered that vegetable oils appear to have a countering effect on the animal fat diet. When a volunteer was fed on boiled or poached eggs, his blood fat level went up, as expected, because of the animal fat in the eggs. But when the egg was fried in certain vegetable oils, such as sunflower oil, the blood fat level came down again.

This was followed by a second discovery—that fish were even more effective in keeping down the amount of harmful fat in the blood. Pilchard oil was used in the experiments, but apparently other fish oils are similar.

Support of this theory concern-

ing the dietary value of fish may be found in the fact that the Japanese, a fish-eating people, have a long life span. Also, on the Baltic coast of Finland, where the diet is largely fish, there is less heart disease than in the areas of the country which border Sweden, where meat is the main food.

The general conclusion to be drawn from these experiments, says Dr. Bronte Stewart, a physician who took a leading part in this research, seems to be the usual story of man's diet being unbalanced by over-interference with nature.

In all the technologically advanced countries, cattle are scientifically fattened to make them tender for eating and poultry are fed concentrated foods to provide more eggs for the people. Man is consequently eating more animal fats than he used to.

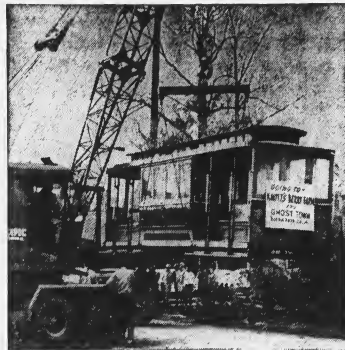
Vegetable fats are often treated by hydrogenation to make them more attractive and palatable, but this treatment changes the nature of the fat so that it loses its possible protective action.

In making bread and wheat cereals, the germ oil often is removed to make the products look attractive. Vegetable oils refined in this way, instead of being eaten, go to industry to be used in the production of paint and plastics.

The habit of a fish course in meals, too, is less common than it used to be.

### RAW VEGETABLE SNACK

Children usually like to sample a scrap of any vegetable that is being prepared for the table. These raw vegetables are good for anyone, since they contain vitamins and minerals that may be lessened by the cooking process if they are boiled too long or in too much water. Turnips, cabbage, carrot or other raw vegetables are tasty and nourishing.



**VALHALLA**—Retirement is literally "the berries" for this venerable cable car, veteran of service on San Francisco's world famous cable car system. Together with several of its sisters, the car will rattle and clang along a route serving Knott's Berry Farm, where mementoes of the traditional west compete with berry products for attention at Buena Park, Calif.

## New course aids foreign soldiers 'dig' Americanisms

The latest addition to the Army Signal Corps centre at Fort Monmouth, N.J., is colloquial communications. It seems soldiers of other nations often have trouble "digging" American talk even when they know English.

To assist foreigners who stumble over such Americanisms as "in hot water", "snosed under" and some of the more esoteric jargon such as "man, it's so cool, I'm sweat-lag", the Army set up what it calls the extra-curricular English training program.

Emphasis is placed chiefly on the typical. Grammar is of secondary importance. At least 30 minutes of each session are devoted to slang expressions which students bring in for clarification.

Recently a Brazilian major asked for a definition of "hubbub". While the experts were pondering a satisfactory translation, a Japanese major, with a few untranslatable gestures of the hand, translated the term into international lingo.

## Alberta butter wins overseas

Alberta butter won four placings in the British overseas classes at the Scottish Dairy Show held in Glasgow, Scotland, February 14-17. It was announced recently by Hon. L. C. Halmrast, minister of agriculture.

The Northern Alberta Dairy Pool at Barrhead won first prize in the unsalted butter class, and the Woodland Dairy at Calmar won fifth place in the same class.

NADP's Edmonton branch won third prize from among 19 entries in the salted butter class, and the Wetaskiwin NADP took fifth prize.

## Quick Canadian Quiz

1. Name the only fresh-water fish which goes to sea to spawn.
2. What is the origin of the name of the city of Moose Jaw, Saskatchewan?
3. How many immigrants were admitted to Canada in 1955?
4. Excluding defense costs, which department of the federal government is the biggest spender?
5. At what points does the Alberta-Ontario crude oil pipeline cross the Canada, U.S. border?

### ANSWERS TO QUICK QUIZ

5. The pipe line enters the U.S. at Gretna, Man., southwest of Winnipeg, travels south of Lake Superior and re-enters Canada at Sarnia, Ont. 3, 110,000, a drop of 43 percent from the post-war record year, 1951. 1. The eel; eels from eastern Canada spawn near the West Indies. 4. Finance department, now nearly a billion dollars a year, mostly for interest on public debt. 2. It comes from an Indian word that means, "The place where the white man mended his cart with the jaw of the moose." (Material prepared by the editors of Quick Canadian Facts, the pocket annual of facts about Canada.)

### WOMAN CHASER

MERTHYR TYDFIL, Wales.—A pet white ram called Wimberly is causing a problem here. Although he is bottle-fed and beloved by children who ride on his back, he chases women shoppers, steals from shopping baskets and sleeps in doorways.

## The Sports Clinic

(An official department of the Canadian Amateur Sport and Physical Fitness Development Service)  
By Lloyd Percival

### Don't waste the off-season

Most hockey and basketball players are getting ready to pack up their gear for another season. How many of them realize just how much they can improve their skills by taking part in the right kinds of activities during the summer and fall?

Proper off-season sports can help develop the same muscles and types of co-ordination and movement that you use in hockey and basketball. They'll also be a conditioner that can help you go through next season with greater power and stamina. You will be able to get into condition quicker and you'll tire less easily during the season.

The best off-season activity for the budding basketball or hockey star is track and field—especially the short sprints and the broad jump. These events develop that all-important leg drive. Such events as the half mile and mile help improve general condition and stamina, and train you to force yourself to greater effort—a habit every athlete should have.

Other good games to play are tennis, soccer and lacrosse. These all increase your co-ordination and balance.

Goalkeepers in hockey should play things like table tennis, badminton or handball which demand quick action of hand and foot and will train your eyes and improve your powers of close concentration.

### The mark of champions

Knute Rockne, the famous Notre Dame coach, used to say that the most important words in the English language were: "Start! Stick! Finish!" Rockne knew what made a champion athlete, and this was his way of getting across the point that champions have to have perseverance.

Developing perseverance is a tough job. But it is something you can accomplish if you work at it day by day. However, you can't expect to have perseverance in just your athletic activities—you must have it in your general life too—in everything you do.

Bob Mathias, who won the Olympic decathlon title in 1948 at the age of 17 and set a new world record in the 1952 Olympics, used to have a motto on the wall of his bedroom: "Quitters never win, and winners never quit." This motto helped get him through sports' toughest event in the face of tre-

mendous obstacles. Make it your motto too.

Sports College has announced a \$700,000 service for the development of amateur sports and physical fitness levels in Canada. This newspaper is pleased to participate in this plan by presenting "The Sports Clinic" to its readers in the best interests of this community. Further information on how you can benefit from this service may be obtained by writing to Sports College, Box 99, Toronto 1, Ontario.

## WEEKLY BIBLE COMMENT

### HOME IS TRUE SCHOOL OF CHRISTIANITY

The home is even more important than the church or school in the exemplification and teaching of Christianity.

Nearly all recognize this fact, yet the home situation in the land constitutes one of the greatest perils and problems of our time.

It is appalling to think of the number of children who grow to adulthood with no real home life at all. It is tragic to contemplate broken homes caused by divorce or separation. It is a cause for heartache to consider the barrenness of an environment in which love is missing.

Perhaps most appalling of all is the realization that there are numerous homes in which parents are neither divorced nor separated, but where they might as well be so far as healthy and happy home life is concerned. What a heritage for a child who grows up in the midst of such home antagonism and strife!

In contrast, let us consider the blessedness of the truly Christian home. Daily prayer, Godly living, example and a spirit of kindness and fairness toward all makes up the soil in which true happiness thrives.

Truly, our salvation and the salvation of all that is good in life must spring from a basic, Christian home. Let us pray that all society may some day enjoy the manifold blessings of such a way of life.

### Ticklers

### By George



"I'm afraid Two-gun is starting young to have girl trouble!"

### PEGGY



—By Chuck Tlurday

### THE TILLERS



—By Les Carrell

## Weekly Crossword Puzzle

### Dog Breed

- HORIZONTAL**
- 1 Depleted dog
  - 7 It is an Asiatic breed of —
  - 13 Antenna
  - 14 Fris
  - 15 Anger
  - 16 Huge
  - 18 Permit
  - 19 Symbol for cerium
  - 20 Irritates
  - 22 From
  - 23 Symbol for selenium
  - 24 Natural power
  - 26 Proportion
  - 28 Anatomical tissue
  - 31 Above
  - 32 Evergreen tree
  - 33 Rocky pinnacle
  - 34 Fork prong
  - 35 Pitcher
  - 37 Warming fluids
  - 38 Hawaiian bird
  - 39 Compass point
  - 40 Giant king of Bashan
  - 42 Fate
  - 48 Exist
  - 50 Winklike part
  - 52 Frigthen
  - 53 Priority (prefix)
  - 54 Eye membrane
  - 56 Trying experience
  - 58 Breed of dog
  - 59 Clamorous



### Here's the Answer



- VERTICAL**
- 1 Secular
  - 2 At this place
  - 3 Measure of area
  - 4 Yes (Sp.)
  - 5 Bargain event
  - 6 Exclamation of sorrow
  - 7 Confine
  - 8 Mimicker
  - 9 Notary public (ab.)
  - 10 Sick
  - 11 Require
  - 12 Royal Italian family name
  - 17 Right (ab.)
  - 20 Equal
  - 21 Drunkard
  - 23 Solid (comb. form)
  - 25 Explains
  - 26 Fixed routine
  - 27 Confess
  - 29 Chain part
  - 30 Greek god of war
  - 34 Small
  - 36 Pole
  - 38 Pole
  - 39 Implements (Scott.)
  - 48 Lampreys
  - 51 Pewter coin of Thailand
  - 53 Footlike part
  - 55 Pronoun
  - 57 The gods

—By Chuck Tlurday



## For Trouble-Free Thrifty Driving OUR SPECIAL

### Spring Check-Up

There's trouble ahead for the driver who continues to operate a winterized car. Our Six-point Check-up puts every make of car or truck in tip-top shape for pleasant summer driving.

- Lubrication
- Tire Service
- Brake Service
- Cooling System
- Engine Tune-up
- Steering-Alignment

BE SURE AND

## Get Your Safety Sticker

MAY 1st IS THE DEADLINE

## Sentinel Motors

Purity 99 Products

Coleman, Alberta

## "Dollars and Sense"

If you send  
cash through the mails,

you run a real risk of losing it. For your own peace of mind, it's far wiser to send money orders. The small amount a money order costs, assures you that your money will be safe and sound. No one can receive the cash except the person to whom you send the money order. Next time you want to send money, whether \$5.00 or \$500.00, call in on us for a money order or bank draft. This takes only a few minutes to arrange. It's one of the many helpful banking services we provide.

THE CANADIAN BANK OF COMMERCE  
COLEMAN BRANCH - E. D. HOWARD, Manager

## Delicious Cream and Puffed Pastries

Taste our Cream Twirls  
Marshall Tarts and Fruit Loaves  
You Will Love Them

## COOKIE BOX

Located next to Blairmore Motors. Phone 2777, Blairmore

## Printing....

★ ★

If you want printing you can get it from The Coleman Journal. We employ master printers with experience who can turn out first class work at a reasonable price. The next time you need printed matter of any kind - from a business card to a full sheet poster - contact

THE COLEMAN JOURNAL

## 26 Pass Residents Reach or Exceed Ten Donations

Twenty-six residents of the Pass have donated their blood at least ten times or more. High on the list are Dr. R. B. Burman who has donated 28 times and Mr. Michael Wojtola with 21 donations to his credit. This list was taken from the September 6th, 1955 clinic. Other donors were: Mrs. Frank Booth, Blairmore, 10; Mr. William Caswell, Hillcrest, 10; Miss H. P. Clemis, Blairmore, 15; Mr. Harold Coop, Sentinel, 11; Mrs. Harold Coop, Sentinel, 12; Mr. L. A. Del Rio, Coleman, 17; Mr. Frank Edl, Frank, 10; Mr. Bert Powle, Blairmore, 15; Mrs. F. Germaine, Blairmore, 12; Mr. Pergus Grant, Blairmore, 14; Mrs. Fred Guenard, Coleman, 10; Mr. William Holyk, Coleman, 14; Mr. Jasper Jones, Coleman, 11; Mrs. Jasper Jones, Coleman, 17; Mrs. W. Kosma, Coleman, 19; Mr. Rudolph Kwasnie, Coleman, 19; Mr. Ludwig Margetak, Frank, 10; Mr. Alfred Marsh, 12; Mr. James Maynard, Blairmore, 10; Mr. Eric Price, Bellevue, 13; Mr. L. S. M. Richard, Bellevue, 10; Mrs. V. Runicka, Frank, 11; Mr. Don Thornton, Blairmore, 10.

## Pass Students Win Awards 19th District Music Festival

Several music students in the Crow's Nest Pass attended the 19th District Music Festival this week at Lethbridge. Amongst the winners in the various classes were:

Class 136 - Bach piano accordion (14 years and under) - 1. Terry Barnett, Bellevue, 8 marks; 2. Nickil Misura, Coleman and Doreen Capron, Bellevue tied with 79.

Class 137 - Bach piano accordion (16 years and under) - 1. Ralph Vigna, Blairmore, 85.

Class 131 - Accordion (16 years and under) - 1. Sandra Shalagan, Coalville, 35; 2. Eugene Lucky, Coleman, 80.

Class 132 - Accordion (18 years and under) - 1. Ralph Vigna, Blairmore, 86.

Class 80 - Piano (10 years and under) - 1. Barbara Blake, Blairmore, 85.

Class 86 - Piano (17 years and under) - 1. Daryl Ruy-mackers, Bellevue, 80; 2. Gail Vincent, Coleman 79.

Class 96 - Piano Modern class Open - Daryl Ruy-mackers, Blairmore, 83.

Class 104 - violin (10 years and under) - 1. Linda Berant, Lethbridge, Peter Castigan, Blairmore, tied with 84; 2. James Montalbeti, Coleman, 82.

Class 103 - violin (9 years and under) - 1. Allan Halton, Hillcrest, 81.

Class 106 - violin (12 years and under) - 1. Bryce Hill, Coleman, 84; 2. David Castigan, Blairmore, 83.

Class 81 - piano (11 years and under) - 1. Linda Davies, Lethbridge, 84; Dick Burzman, Blairmore, 83.

Class 82 - piano (12 years and under) - James Dibble, Coleman, 86.

Although more research work throughout the world is being done on cancer than on any other medical problem, scientists still have not discovered the cause of cancer.

## Dual Slogan Keynotes Cancer Crusade

The 1956 Cancer Crusade for \$2,100,000.00 is geared to the slogan "Fight Cancer with a Check-up and a Cheque."

The Canadian Cancer Society's annual April fund-raising and educational campaign, carried on by more than half a million volunteers, is aimed at bringing the full story of the new "fight cancer" message into every Canadian home.

Cancer Society officials say the "checkup and a cheque" headline dramatizes the two most powerful anti-cancer actions the public can undertake today. The Society says the "checkup" is the best cancer insurance available. It gives a doctor an opportunity to detect cancer in its earliest stage - when it is still a local disease and most often curable. The "cheque" symbolizes a contribution - whether cash or coin or actual cheque - made in a spirit of thoughtful, informed giving. Cancer Crusade leaders point out that the Society de-

pends entirely on the public to support its three-point program of research, education and welfare to cancer patients.

These leaders believe that public support for the cancer control movement is in proportion to its understanding of the menace of cancer and how the Cancer Society works.

As they see it: Personal knowledge of cancer safeguards health, protects life. The extent of this knowledge also is a measure of support for the Cancer Society's program of saving lives through education.

An understanding of cancer research - its scope and progress - or regular health examination - inspires confidence that cancer can be conquered once and for all. This also means growing support for the Cancer Society's program of research by several hundred topflight scientists in institutions throughout Canada.

A public that knows the Cancer Society's program of service and comfort to cancer patients will also want to support it - and participate in it.

Experience has taught the Canadian Cancer Society that fund-raising and education go hand in hand in effective cancer control activity. The slogan, "Fight Cancer with a Checkup and a Cheque" is a good example.

## C.N.P. Mixed Chorus Receives Top Award

Top mark awarded to any group in competition Wednesday in the Lethbridge and District Musical Festival was given by adjudicator Gordon Hancock of Regina to the Crow's Nest Pass mixed chorus from Blairmore. It earned 88 out of 100 for its performance of "The Battle of Jericho."

"If Joshua had heard much of this, it's easy to see why the walls came tumbling down," Mr. Hancock said, after listening twice to the group in a powerful performance of "The Battle of Jericho."

The Blairmore group was the only entry in the class.

## Comes to Rescue Worried Beaver

Even though the frosty winter appears to have left the Pass area, one beaver in a pond east of Blairmore ran into an almost fatal situation Thursday morning caused by the frost.

A CPR worker travelling east on a scooter approached what appeared to be a huge brown lump on the tracks, just across from "Crazy Joe's" pond in East Blairmore. Stopping the scooter to avoid a mishap the worker approached the "lump" which turned out to be a beaver that had just come out of the pond, and was crossing the tracks to a pond on

the opposite side of the tracks. With the beaver's body soaked with water it's skin froze solid to the rails trapping the frightened animal.

The worker, after figuring out a method of holding the beaver's head down to avoid the sharp teeth of the animal, took out his pocket knife and cut off the beaver's hair freeing the animal.

According to the rail worker, he has never seen a beaver move so fast to get to the protective shelter of its home pond.

## Get Terms In Jail

Don Algot Anderson and Jack Menden of Lundbreck, appeared before Magistrate F. S. Radford of Blairmore on three charges of theft of property over the sum of fifty dollars, including car batteries and other accessories from various garages. Considering the boys' ages, 19 and 20, and the fact that they had already spent one week in jail at Lethbridge, and this was their first offence, Magistrate Radford imposed a sentence of 30 days hard labor and also gave a stern warning to the youths.

## Take It Easy

So you've got your licence, Bill. You're only sixteen and over-night, you've been accepted into the Automobile Age. It's a fine feeling, isn't it? It's like growing up very suddenly.

Your dad tells me you're a remarkably good driver, Bill. Most teenagers these days seem to show a kind of natural affinity to mechanical things. They seem at home almost from the first moment they slide behind the wheel.

He thinks he can trust you on your own. You'll be given the car when ever he doesn't need it.

But one thing worries him, Bill. Like every parent he's seen those young people who transform a motor car into a misguided missile. It's usually when they've a load of pals aboard. They want to show off and so they speed; they take those chances; they drive with a flair, a sort of expert recklessness that so often leads to high-way homicide.

So your dad asked me to write a few good words about what we think good driving is all about, Bill. We hope you'll give us about three minutes of your valuable time.

Don't pose at the wheel, Bill. That looks silly to adults and I've a hunch it looks silly to younger people as well. You've seen those crows who get squashed up in one corner with their elbow all stuck out the window and a look

on their faces as if they were a Space Cadet taking off for the moon. They're the kind who like to hear that musical squeal of rubber around a corner. They like the surge of a lot of horsepower, as if they were personally generating it.

I wish you would watch a test driver, the real professional, at the wheel of his own car. He sits square in behind the wheel in a comfortable, straight-backed position. He never speeds. He has full command over his car at all times. His passengers relax. He is ready for the unexpected. And that's the measure of a good driver.

I remember when I was covering police, Bill. I went to a lot of accidents. You know what they call the ambulance? They call it "the meat wagon." You just would not believe what a car can do to the human body.

And I remember once a boy of 17 or 18 standing looking down at the torn, lifeless body of a child who had stepped out from between two parked cars.

The young driver's car had a fox-tail on the hood and a kewpie-doll hanging down by the driver's seat.

I could guess the way he drove. "I never had a chance," he kept saying. But the skid marks told the story. He'd been going too fast. He wasn't ready for the unexpected. One life was gone and another ruined.

What you've got to remember Bill, is that it's licence put a whole lot of responsibility on you. You're in charge now of what may be either a pleasure and convenience or a highly lethal weapon.

I don't have the figures for Canada available, but in those United States in 1953 this powerful toy killed 38,500 and injured 2,140,000. Last year it killed 35,000 and injured 1,960,000. That's a lot of heartbreak and a lot of pain.

Three-quarters of that toll was caused by excessive speed, failure to grant the right of way and driving on the wrong side of the road. In other words, bad driving. In the statistics they call it "driver attitude" and in every age it's bad. Yours just happens to be the group in which the beginning can be right or wrong.

So take it easy, Bill. If you are driving, be admired as an expert. Don't let them talk you into "seeing what she'll do." Don't let them encourage you to show off that power by passing on a hill or beating the stop light. Don't let the auto take command of you.

Most of all, Bill, take it easy for the sake of your dad and the trust he's put in you.

Don't Gambol this Spring

CHANGE OVER TO  
**PURITY 99 PRODUCTS**  
PRODUCED AND REFINED BY CANADA'S FASTEST GROWING OIL COMPANY

Second to None!

COME IN AT THE SIGN OF THE ...

ANGLO AMERICAN EXPLORATION LTD.  
PRODUCERS REFINERS MARKETERS

## Notice To Dog Owners!

A number of dogs within the town are still without tags.

It is also noticed that a number of these dogs are still roaming the streets.

If these conditions are not rectified by April 30th, 1956, Police action will be taken.

T. A. COLLISTER, Sec.-Treas.  
Town of Coleman.



Call in and let us check your car or truck and help you save on those large repair bills.

**THE MOTORDROME**

Phone 3645, Coleman . . . . . Ien Smith, Proprietor

## Advertising...

Modern advertising is a necessity to hold and build business. Be proud of your business, of the goods you have to sell, of the services you have to offer in your particular line. Show the progressive spirit and the desire to serve by advertising. Do not hide your light under a bushel — proclaim far and wide who you are and what you have to sell and where your place of business is, for public memory is short, and advertising is a powerful aid to all types of businesses. Moreover, people as a general rule shop where they are invited.

ADVERTISE REGULARLY IN

**THE COLEMAN JOURNAL**

## KANANASKIS SERVICE STATION

British American Oil and the new Super 88 and 98 Gas

FISK TIRES — CHEVROLET DEALER  
A complete Lubrication and Ignition Service

Open 8 a.m. to 10 p.m. Daily  
Dial 3810 Proprietor Jack Nelson  
Located on the No. 3 Highway at the Entrance to the Kananaskis Highway in Coleman.

## TEACHER WANTED

WANTED: Teacher for Frank School District No. 629. Grades one to six incl. Approved salary schedule. Apply to Mrs. A. Edl, Sec.-Treas., Frank, Alberta, by May 31st, 1956.

## Career Night At Coleman Draws 200

Well over 200 persons attended the Career night held in the Coleman High School auditorium which was organized for the three Pass towns of Coleman, Blairmore and Bellevue. The meeting, attended by parents and students was held for the purpose of informing students about the various fields from which they may choose a career.

The speakers were headed by A. A. Aldridge, guidance supervisor of the Department of Education who spoke on general subjects. Dr. A. J. Cooke of the University of Alberta, spoke on the various careers available at university, while A. Rennie, public relations officer of the Imperial Oil Company, spoke on the oil industry. Mr. Mackenzie from the Provincial Technical school, spoke on the various courses taught there while E. C. Henderson of Henderson Business College, discussed the business field. S. A. Earle, coordinator of teacher training, spoke on the teaching profession and Mrs. Mary Allen of Coleman, spoke on the nursing profession. Sergeant A. Anderson of the R.C.-A.F. spoke on the many careers open in the armed forces.

The evening's affair got under way with a general assembly in the school auditorium where each guest speaker explained what the field he or she was concerned with, after which the assembly broke up into separate groups and reformed to the various classrooms assigned to a particular speaker.

There were two one-hour periods devoted to giving information on each field so that every student had the opportunity of listening to two speakers in the course of the evening. Material discussed, included prerequisites for entering the field, cost of receiving the education, bursaries and financial assistance available, length of the training period, nature of work in the field, possibilities of future employment, etc.

## Willow Drive Assn. Regular Meeting

A regular meeting of the Willow Drive Association was held April 15 at the home of Mr. F. Krish with Mr. Arthur Juhlin presiding the meeting came to order with the reading of correspondence by Mr. William Hammer, recording secretary. A letter from the Water Resources on the flooding of Star Creek was read by as the letter did not seem to assure the Association that any work would be done several members volunteered to assist Mr. Conrad in making temporary repairs.

A copy of the Act to Provide for the Control of Stray Animals has been received from the Queen's Printer. The financial report was read and accepted.

Mr. P. Krish gave an executive report on the recent Polo Fund.

Mrs. K. Snowden gave a report on the work of the Social Committee. All tickets were reported sold and the draw for the prizes took place on April 16th at 7 p.m. The social committee are also planning a rummage sale to be held soon.

The association are also endeavoring to have lights installed for some residents west of the improvement district.

The winners for the prizes drawn by the association were I. E. Amat with ticket No. 101.

2. Polly Snowden with ticket No. 124.

## Pass Firm Buys Pincher Business

Ken Thornton of Blairmore, will be leaving to take over the hardware business in Pincher Creek known as Scott's Furniture Store. Thornton and Sons Hardware Company of Blairmore, has purchased the new business in Pincher Creek which will be managed by Mr. Thornton. Mrs. Thornton and son and daughter will leave at a later date to join Mr. Thornton.

## Blood Clinic Real Success

The Crow's Nest Pass Blood Donor's Clinic which was held on Tuesday was very successful.

330 people answered the appeal, putting the Pass over the top giving a total of 330 bottles of blood. Last year's donations netted the clinic 281 bottles of blood.

A special thanks is extended to all who helped in any way to insure the success of the clinic.

## Coleman Town Council Accepts '56 Requisition

Coleman town council at its recent meeting accepted the hospital requisition for this year amounting to \$26,893.

With the town planning a sidewalk program this year it was agreed that an automatic curbing machine be purchased by the town which would facilitate work and do an excellent job. It was also felt that this machine, when not in use at Coleman, could be rented to neighboring towns to lay proper hard surface curbs.

Coleman endorsed the new plan at present being discussed to bring about a better provincial municipal relationship as far as responsibilities and taxation are concerned.

The fire and police report were presented and accepted by council.

## Elks Hold Prize Bingo

Another prize Bingo was held in the Elks Hall on Friday evening. The jackpot of \$70.00 was not won but Mrs. McLanders of Marysville B. C. was the winner of the \$5.00 consolation.

Other lucky winners for the evening were: —

Grocery hamper — C. Makin; Picnic hamper — S. Liska; Ham — Mrs. K. Mottle; Bellevue; Fishing Rod — Mrs. D. Jahn; Blouse and Skirt — Mrs. M. Fleming; \$25.00 cash — Split by O. Celli and Mrs. A. Ticoletti; Fernie; Grocery hamper — Mrs. Cerney; Frank; Reversible rug — A. Carney; Fishing basket and tackle — H. Eysack; T.V. lamp — Mrs. Marache; 3 cartons cigarettes — Steve Liska.

During the intermission Mr. M. Dunford of the Lion's Club thanked the Elks Lodge for allowing them to make the draw for the prize winner of the April Shower. He sincerely thanked the merchants for donating the prizes and all the people who so ardently supported the Lion's Club in their project. The lucky winning ticket was then drawn by Lundy Fields with the lucky winner being Albert Kropinak of Coleman.



**Attend Church**

## ST. PAUL'S

### United Church

— COLEMAN —  
Rev. R. MacAulay, Minister  
Sunday, April 29

10 a.m. — Church Service.  
11.15 a.m. — Sunday School.  
7.00 p.m. — Church Service.

2nd Monday of month:

7:30 — Good Will W.A.

Tuesday: 7.15 C.G.I.T.

Wednesday: 7.30 — Mission Band; 7.30 — Senior Choir Practice.

Thursday: 7.00 — Junior Choir practice

First Thursday of month:

7.30 Senior Ladies group.

Second Thursday of month:

7.30 — Women's Missionary Society.

Friday: 3.00 — Explorers; 6.00 — Tyros.

## St. Alban's Church

— COLEMAN —

Rev. F. A. Dykes B. A. Lth.  
Rector

Sunday, April 29th  
9.00 a.m. — Holy Communion  
11 a.m. — Sunday School.  
7.00 p.m. — Evensong

## Classified Ads

### FEMALE HELP WANTED

BE A HAIRDRESSER — Join Canada's leading school. Great opportunity. Learn hairdressing. Big wages. Thousands successful. Pleasant, dignified profession. Full Jacobson's graduates. America's greatest system. Illustrated catalogue free. Write or call Jacobson's Beauty Academy, 128A 8th Ave., W., Calgary.

## BUILDING CONTRACTORS

Builders' Headquarters  
Celli's Building Supplies

## Special This Week!

## Made-to-Measure Suits

with Coat and two pairs of Pants

**\$65.00**

All fittings is guaranteed

COME IN AND SEE OUR SAMPLES

**Coleman Cleaners & Tailors**

Phone 3654

Canadian Legion, Coleman Branch No. 9

## PRIZE

# BINGO

IN THE

**Legion Clubrooms**

ON

**Fri., April 27**

AT 8 p.m. SHARP

**10 Games for 75c**

**BONUS CARDS 25c**

**\$30 Jackpot to go in 55 Numbers**

**Also one \$7.50 Cash Prize and Door Prize**

This will be a Bingo were Winners pick their prizes.

**Members Bring a Guest**



when the peddler selling printing supplies solicits your business, there are a few questions which he should be willing to answer to your satisfaction:

1. Does he pay taxes in this community?
2. Can he supply your order on short notice?
3. Does he donate space in the newspaper to your local community enterprises?
4. Does he pay wages to a force of employees located in Coleman?
5. Does his newspaper donate its space toward the betterment and upbuilding of this community?
6. Does he grant you every favor that you would ordinarily ask your local newspaper?
7. Does the quality of his merchandise stand inspection?
8. Does his price include sales tax, postage and insurance charges?

If he can answer ALL the above questions in the affirmative, he has an equal right to your business.

IF NOT — CONSULT

**The Coleman Journal**

printing — Phone 3705 — advertising

# World Happenings In Pictures

\*\*\*\*\*

\*\*\*\*\*

\*\*\*\*\*

\*\*\*\*\*



**RINGSIDE SEAT—THE HARD WAY**—A few more inches and Pete Hurley would have joined the spectators. This Welsh rare bit was served up at Cardiff, Wales after Rufus Prince belted his foe.



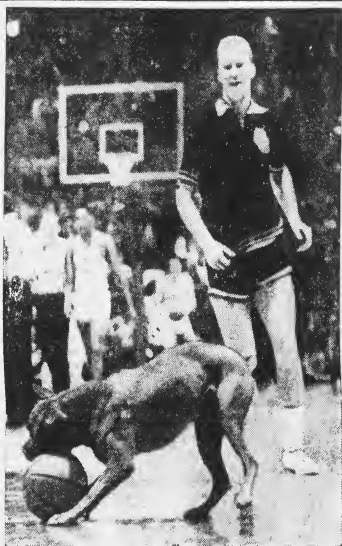
**MODEL'S MODEL**—That's the phrase which describes Pat Patterson. She is one of several models who fashioned grown-up versions of doll clothing at the opening of the annual Toy Fair in New York City. Dolly and her model are both wearing old-fashioned gowns of pale pink chiffon.



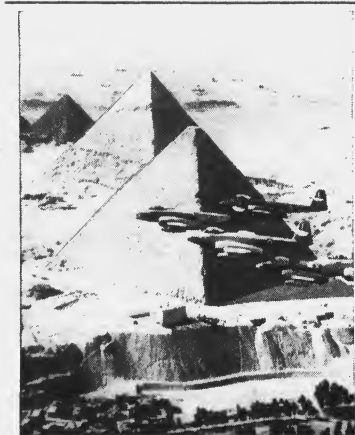
**IN HOLIDAY MOOD**—The Queen, accompanied by Princess Alexandra of Kent, prepares to board a plane at London airport for a flight to Corsica. Snow and cold greeted the Queen as she arrived aboard the Royal yacht Britannia, and joined the Duke of Edinburgh for a 10-day vacation.



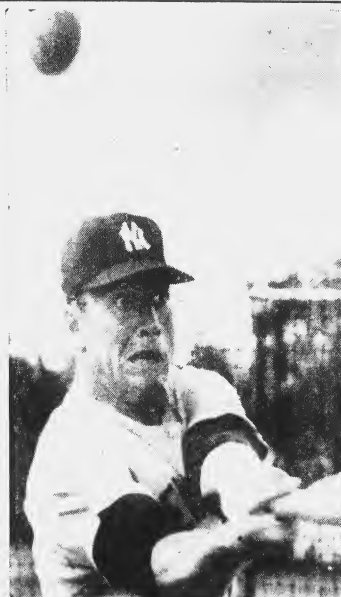
**EXPULSED AFTER RIOTING**—Leonard Wilson, 20-year-old University of Alabama sophomore from Selma, Ala., who has been expelled from the university in action stemming from student rioting against Autherine Lucy, the school's first Negro student. Wilson, a heated advocate of segregation, is shown as he spoke before the university students last month.



**GAME GOES TO THE DOGS**—Boxer pup, mascot of a Kansas University fraternity, puts the bite on a Colorado practice ball and brings a Kansas-Colorado game to a temporary halt at Lawrence, Kan. Colorado forward Mel Coffman barks "go away" signals at the pup. Colorado wound up as the 24-41 underdog after play was resumed.



**MOMENT IN TIME**—Momentous fly-past by British Gloster Meteor FR-9 jets fails to disturb the monumental calm of Egypt's ages-old pyramids. Jet's fleeting shadow across the timeless desert marks the departure of Britain's last operational jet squadron to leave Egypt under terms of the Anglo-Egyptian Suez Canal Zone Suez Agreement. Squadron is now based at Malta.



**WHERE DID IT GO?**—New York Yanks' Mickey Mantle shows power he puts in his swing as he comes around after fouling off pitch during batting practice at spring camp at St. Petersburg, Florida.



**NOW AIN'T THAT JUST DUCKY?** Our plush drake gulps as his girlfriend gets her bonnet straightened by a young miss. The fine feathered friends were just in time for the Easter season. Both are of rayon plush with soft plastic faces, however, in this case it's the male who does the talking. He's rigged up with a Swiss music box which can be wound to play a gay seasonal tune.

**GREEK AMBASSADOR**—Vasailos Mostras, Greek ambassador to the United Kingdom, leaves the British Foreign Office in London after learning of the banishment from Cyprus of Archbishop Makarios, pro-Greek leader.



## Who will become bride of Crown Prince?

### -- national guessing game in Japan

The forthcoming wedding of the prince and the commoner has all Japan agog. But the couple on whom the country's attention is now focussed is not Prince Rainier and Grace Kelly, according to a story by Jay Axelbank of North American Newspaper Alliance.

The question on everybody's lips there is "who will be the lucky girl to win the hand of Crown Prince Akihito?"

The 22-year-old prince will one day succeed his father as emperor of Japan and the selection of his future bride is now under way at the palace. There is talk there that a commoner is included among the prospective candidates.

Palace sources have promised that the selection will probably be announced in the near future. Japanese newspapers have assigned their top reporters full-time to the job of ending the national guessing game. For many feel the selection has already been made and is known to the prince.

Heightening interest is the fact that the crown prince may have some say about who he will marry for the first time in Japanese history. Twenty years ago it would have been unthinkable for a prince to have a voice in the decision, but the younger generation in Japan is more and more throwing off the shackles of arranged marriages.

May make ova choice

Observers believe it likely that as a compromise the prince will be permitted to make a final choice from among four or five suitable

girls selected by the imperial household.

Even though the prince will "meet" the bride-to-be only after his mother and father have approved the choice of palace officials, sources close to the throne say Akihito won't be dictated to, but rather will have to be persuaded. In fact he may make the choice himself.

When Emperor Hirohito married, he didn't know who his mate would be until the last moment. The royal household screened applicants until the present empress, Yoshiko Kuni, was chosen. The emperor then accepted her as his bride.

A majority of Japanese agree that the young prince should have a part in choosing his wife, according to newspaper polls.

But nevertheless, it's a foregone conclusion that the future empress won't be a Cinderella. She'll have at least some royal blood in her veins or come from an old and mighty family tree.

Prince Akihito is a healthy, five-foot-five, sports-loving (table tennis is one of his favorites), average college student. He lives "alone" in a mansion three miles from the imperial palace grounds in downtown Tokyo. In residence with him are his doctors, tutors and court officials.

In the classroom the prince is no intellectual ball of fire, but when the teacher calls upon him, he is usually well prepared and gives an adequate account of himself.

Prince Akihito is a "regular guy". He has been known to sit in the back of the classroom and ask students to screen him from the professor's gaze so he could read a favorite book during lectures.

In his early college days when he lived in a dormitory, he joined in student pranks without hesitation.

Prince Akihito is forbidden to drive his car in the city limits of Tokyo. But not because he might wrap the car around a pole. The police fear the sight of Japan's most eligible bachelor might tip up traffic.

A girl classmate recently said of the prince:

"Even if he were not the crown prince, he would still make a wonderful boy friend to go around with." Actually the prince has done very little dating, as it is not a custom among young Japanese.

The future bride will probably have to be a pretty girl, according to a tutor who instructed Japan's future emperor from the age of 12 to 17. "The prince has a sharp eye for beauty," she said. "She must be intelligent and also good natured," she continued, "because the prince enjoys delightful and interesting conversation."

But this throws no light on the future empress. The guessing game will go on till the official announcement is made and feminine hearts stop fluttering.

#### HMM . . . INTERESTING

The British House of Commons has 640 members, compared with 435 members in the U.S. house of representatives.



**NOTHING NEW**—Harried road commissioners of today can gain rock-bottom comfort from this picture. Some togged official of Caesar Augustus was in all probability reviled for this rattled paving. Deep-worm by chariot wheels, it was uncovered at the Porta Magiore in Rome.



**SAPS RUNNING**—The best maple syrup comes with clean up-to-date equipment, frequent collection of the sap to prevent fermentation, and rapid boiling-down. Here is the first operation—boring the hole in the tree trunk to a depth of about 1½ inches. The sap-spout or spile is driven into the hole and the bucket is hung on the spout. The bucket lid is an aid to cleanliness. Sap run depends on the weather; frosty nights and sunny days are excellent. Weather naturally influences the total value of the crop which in a good year will be as high as \$12 million. The average is \$8 million.

## Prices for high grade forage crop seed higher this year

**REGINA**—The 1955 spring forage crop program sponsored by the plant industry branch of the provincial department of agriculture has been announced.

The program, which was started in 1947 to encourage farmers to improve pastures, build feed reserves and protect soils, will again offer high grade seed to interested parties at cost. Charges for bagging, handling and shipping are borne by the department. Prices this year will be slightly higher than in 1955.

Twenty-six thousand orders for about four and a half million pounds of grass seed have been filled by the branch, since the program's inception, from which 450,000 acres in the province have been seeded to forage crops. The best year was experienced in 1955 when 5,400 orders for 800,000 pounds of seed went out to Saskatchewan farmers and stockmen. In that record year alone, enough seed to sow 94,000 acres was sent out.

Indications are that farmers will sow a substantially greater acreage to grasses in 1956 than in the previous year, the minister said, because of an increasing awareness of the value of the program's many aspects. More farmers now realize what grass can do for their farms, and this factor coupled with the difficult wheat situation and a hard, colder-short winter point toward an even greater year for the program in 1956.

Adequate supplies of both Grimm and Ladak alfalfa are available this spring along with bromegrass, crested wheat grass, tall wheat grass and sweet clover, and mixtures. In past years Ladak alfalfa has been in short supply.

Price lists covering all seeds and mixtures available may be obtained from agricultural representative and municipal offices as well as from wheat pool field service-men and at creameries in the province.

Past experience has shown that a stable livestock industry is dependent primarily on adequate fodder reserves," said Mr. Nolle, and the forage crop program allows farmers and ranchers a means to establish such reserves."

#### A FAMILY OF PAIN

Arthritis is not one single disease but a group of the rheumatic diseases characterized by inflammation of the joints. More than 200 varieties have been classified, including sciatica, neuritis, lumbago and muscular rheumatism, as well as the arthritic conditions. Each case requires individual expert diagnosis and modern medical treatment.

#### CLASSIFIED

**NURSES WANTED**  
REGISTERED NURSES OR GRADUATE NURSES desirous of registration for medical, surgical, obstetrical, and operating room scrub nurses, and Nurses Aides with some experience. Now wing opening in the near future. For detailed information, write: Superintendent of Nurses, Union Hospital, Moose Jaw, Saskatchewan. 2K-3186-97

## Funny and Otherwise

"See that big fellow over there?" said Jones to his friend at the bar. "He was a famous shark fisherman. His specialty was sticking his right arm into the shark's mouth to remove the hook. The oldtimers used to call him 'Fearless!'"

"Used to? What do they call him now?"

"Lefty!"

It was one of those association-of-ideas Army tests where the examining officer, makes a common-place gesture and asks the recruit to fire back at him the first thought it provoked. On this occasion he waved a handkerchief.

First two men gave the formal reply: "Waving goodbye, sir." But the third offered the startling retort: "Women, sir."

"Women?" echoed the officer. "What is there about waving a handkerchief that could possibly make you think of women?"

Replied the recruit blandly: "I'm always thinking of women, sir."

He: "Tell me those three words I love to hear."

She: "O million dollars."

"Mama, may I go out and play?"

"What? With those holes in your socks?"

"No, with the kids across the street."

The little man was applying to the court for a separation on the ground of cruelty.

"Can you give the court an illustration of the alleged cruelty?" asked the judge.

"Well, the other night I dreamt I won \$10,000 in a football pool, and the following morning my wife nearly killed me for not rushing out of the house and putting it into the bank before I woke up.

#### Action!

Mrs. J. Q. Kendrick of Stillwater, Okla., became quite a bit sitting in the family car waiting for her husband. She decided to start the car and turn on the heater. The auto jumped the curb, bowled over a parking meter, crashed through a plate glass window and sent furniture spinning as it rolled across a showroom. Her husband was knocked down by a flying chair.

The filbert nut is the fruit of the hazel tree.

### Strictly Fresh

The plumber rang the doorbell, and nine-year-old Warren responded. "I've come to fix that old tub in the kitchen," he explained.

"Ma," called Warren, "the doctor's come to see Aunt Emma."

If the Easter bunny leaves chocolate eggs in the easy chair



again this year, daddy is going to have hasenpfeffer for supper Easter evening.

Now bargain basement grass seed in April and reap wild oats all summer.

## ICED HOT CROSS BUNS

They're "topping" made with new Active Dry Yeast

• They rise so wonderfully—taste so wonderfully good! That's because Fleischmann's new Active Dry Yeast keeps full-strength and active all the way through your bake! No more soggy yeast! No more refrigeration—you can keep a whole month's supply of Fleischmann's Active Dry Yeast in your cupboard!

**ICED HOT CROSS BUNS**  
Scald 1½ c. milk, 1 c. granulated sugar, 2 tps. salt and 5 tps. shortening. Stir in 1 c. crisp bread flour. Add 1 egg and cool to lukewarm. Meanwhile, measure into a large bowl ½ c. lukewarm water, 2 tps. granulated sugar, stir until sugar is dissolved. Sprinkle with 2 envelopes Fleischmann's Active Dry Yeast. Let stand 10 minutes. THEN stir well. Add cooled milk mixture and stir 2 well-beaten eggs. Stir together 4 c. once-sifted bread flour, 3 tps. ground cinnamon, 1 tsp. grated nutmeg. Stir about half of the mixture into yeast mixture; beat until smooth. Mix in 1 c. medium-rain and 1 c. chopped candied peels. Work in remaining flour mixture. Grease top of dough. Cover and set in warm place, free from draft. Let rise until doubled in bulk. Turn out on lightly-floured board and knead until smooth and elastic. Divide into 12 equal-size pieces. Roll each piece into a smooth round bun. Place, well apart, on greased cookie sheets and score each bun with narrow strips of pastry, if desired. Grease tops. Cover and let rise until doubled in bulk. Bake in a hot oven, 425°-450° F., 15-20 min. Glaze hot buns by brushing them lightly with butter. Decorate with raisins, or with currants, or with candied fruit, or with white icing and make crosses with chopped nuts.



## Roxy Theatre

A Famous Players Affiliate

### COMING ATTRACTIONS

Thursday and Friday, April 26th and 27th

### "ESCAPE TO BURMA"

Barbara Stanwyck · Robert Ryan

Down from their jungle lair...swept an army of vengeful natives...Out for the blood of the man they hated...and the teak forests blazed with their violence.

Drama · Superscope · Color

Saturday and Monday, April 28th and 30th

### "INTERRUPTED MELODY"

Eleanor Parker · Glenn Ford

Beyond question...One of the most stirring motion pictures ever made...The true, tender, compelling story of a brave woman...who came back from the depths of defeat...to score new triumphs in her chosen career.

Biographical Drama · CinemaScope · Eastman Color

ADMISSION PRICES 65c, 40c and 30c

Matinee Saturday at 2 p.m.

Tuesday and Wednesday, May 1st and 2nd

M-G-M presents

### IT'S A DOG'S LIFE

CINEMA SCOPE · COLOR

JEFF RICHARDS  
JANNA LEWIS DEAN JAGGER  
BORGAN GWYNNE · WILDFIRE



ADMISSION PRICES 65c, 40c and 30c

### Change In Show Hours

Commencing Monday, April 30th, all shows from Monday to Friday will start at 8 p.m., instead of 7:30 p.m.

Saturday shows will be as usual.

## PARAMETTE SYRUP

A NUTRITIONAL SAFEGUARD  
FOR YOUR ENTIRE FAMILY

7 $\frac{3}{4}$  ounces - \$3.50

FREE - PLASTIC DISPENSER

16 ounces - \$5.50

COLEMAN PHARMACY

Coleman

Alberta

Coleman School District No. 1216

## WANTED

A part time nurse to conduct routine health examinations on the school students. Full particulars as to duties may be obtained from the Secretary.

Applications will be received until May 7th 1956.

NORA GOULDING,  
Secretary-Treasurer.

WE PRINT

## Wedding Invitations

Call in and see our Samples

The Coleman Journal

## Personalities IN THE NEWS

Mrs. T. Maunsel of Nelson, an old time resident of the Crows Nest Pass, recently visited Mr. and Mrs. H. Chamberlain at Blairmore and friends in Coleman.

Mrs. F. Guérard has returned from a three weeks holiday spent at Victoria, B.C.

Mr. Paul Baron of Calgary was a business visitor in town last week arranging a concert to be given by his daughter, Mary Baron, a well-known Contralto singer. Mr. Baron will be remembered by Coleman old timers having once owned and operated the Palace theatre here and a theatre in the old Miners hall. He renewed many old acquaintances while here.

The Rev. and Mrs. F. A. Dykes are in Vancouver to attend the convocation of the Anglican Theological College of British Columbia. Mr. Dykes is to receive the degree of Bachelor of Divinity at the convocation.

Ladik Tymchyna, Peter Makowichuk and Sonny Truch were Calgary visitors on Thursday and Friday.

Mr. and Mrs. J. Simpson of Fort Macleod, attended the farewell party held for Mr. J. Morton at Coleman on Friday evening.

Mrs. Fred Fisher, now residing at Kelowna visited here over the weekend. The Fishers have sold their home here and Mr. Fisher will join her in the near future.

### Coleman Man Wins Lions April Shower Raffle

Mr. A. Kropinak of Coleman was the winner of the April Shower draw sponsored by the Coleman Lion's at the Elk's Bingo on Friday evening.

Following is list of prizes which have been donated by various Coleman merchants. For the lucky winner it will seem like Christmas all over again as there are twenty-nine prizes being raffled. They are as follows: 1 rear view mirror from Pete's Service Station, 24 pounds of flour from Toppiano's Grocery, 1 pound of Red and White tea and coffee, two pounds of raspberry jam from the Red and White store, 20 pounds of sugar from East End Grocery, 2 packages 60's tea bags from Park's Grocery, 1 double boiler from Coleman Hardware, 5 gallons of gas from Motorhome, 1 meal from Grand Union Coffee Shop, 1 grease job from Sentinel Motors, 2 towel sets from Freeman's Limited, 1 shirt from Aboussay's, 1 pair of ladies' shoes from Bruno's Shoe Store, 1 load of coal or briquettes from Coleman Collieries Limited, \$3.00 value from National Fruit, 1 case of mixed pop from Lethbridge Breweries, 1 table lamp from Modern Electric, Bath beads and bath powder from Coleman's Drug Store, 2 dozen fly hooks from Rudy's Shoe Store, five free passes from Roxy Theatre, cut flowers or a plant from Blairmore Greenhouses, 1 tea towel and wash cloth from Salus General Store, 1 pound coffee and 2 tins of spork from Zak's Grocery, 6 tins of mixed vegetables from Holy's Grocery, 6 tins of milk from Lonsbury's Grocery, 1 ornament from Pattinson's Hardware, 1 dozen chocolate bars from Jimmie's Coffee Shop, 1 drycleaning job worth \$4.00 from Coleman Cleaners, 2 pair of nylons from Fashion Shop, 1 hair cut from Huffman's Barber Shop, 1 set of horse head bookends from Chalmers' Jewellery, 3 boxes of chocolates from Coleman Cafe, 1 set of two towels from Kwaney's Ladies Wear Store, labor portion of a spring tune up from Harold Jones Service, 6 pounds of welders from Union Packing Co., 1 case of coca cola from Coca Cola Co., Lethbridge, 2 loaves of bread per day for one week from Palace Bakery, 10 gallons of gas from Little Chief Service Station, 1 case of pop from Grand Union Hotel, 1-8 $\frac{1}{2}$  linoleum standard width from Cella's Building Supplies.

Mr. Reg Jones of Vancouver was a business visitor here.

Captain and Mrs. Fontana and family visited here this weekend, the guests of the latter's parents Mr. and Mrs. J. Rogers.

Kenneth Fry, stationed with the Royal Canadian Navy at Victoria, B.C. is visiting his parents Mr. and Mrs. O. Fry.

Miss Peggy McDonald of Lethbridge visited with her parents Mr. and Mrs. Jack McDonald.

Mrs. D. Bremner of Fort Macleod was the lucky winner of the car at the bingo held in Lethbridge. Mr. A. Chalmers of Coleman was the lucky winner of the bicycle.

Mr. and Mrs. O. Fry and son Ken visited the Burkinshaw's at Calgary recently.

Friends of Mrs. T. B. Smith are glad to see her up and around again after being confined to her home with illness.

A subscription for the Journal has been received from Mrs. Agnes Ryan who is working in the Holy Cross Hospital in Calgary. She wished to be remembered to all her friends here.

Mrs. Paul Beller has returned from Edmonton where she visited her daughter and family and her son Eddy.

Mr. and Mrs. J. Salus accompanied by Mr. and Mrs. J. Binda, Mrs. V. Siska, Mr. and Mrs. C. Wesley and Mr. and Mrs. F. Dalmard of Blairmore attended the Car Bingo held in Lethbridge. Sorry gang, better luck next time.

### Variety Concert In Coleman April 27

A variety concert of interest to all Coleman residents will be held on Friday, April 27th in the Coleman Central School auditorium at 8:00 p.m. An entirely new program awaits the public. The Rhapsody in Blue by pupils of Mrs. A. Buckna's Music Studio and dancing students of Mrs. H. Jepson will be one of the outstanding features. Talented instrumentalists of the C. N. Pass who have participated and won in the recent Music Festival in Lethbridge will be featured on the program. Folk dancing and singing with colorful costumes, the piano accordion quartet, trumpet solos and the very young tumblers from the Coleman Physical Culture group will be amongst the many items on your program.

The proceeds will be shared by the Coleman Junior high school council and the Alice Buckna concert party who are very busy attempting to raise money for bus transportation to take them to Creston Valley Apple Blossom Festival where they have been invited to perform on Saturday, May 18th.

### Senior Citizens Assn. Is Organized At Hillcrest

A Senior Citizen's Association meeting was held in Hillcrest last week under the chairmanship of John McDade, when a branch of the association was formed. There are now branches at Blairmore, Coleman, Bellevue and Hillcrest.

John McDade gave an outline of the purpose of the organization and also outlined the constitution and laws of the Senior Citizen's Association.

With eighteen members enrolled

The Pythian Sisters, Coleman will hold a

## Spring Tea

and Sale of Home Baking in the

I. O. O. F. Hall, Coleman

Sat., April 28th

from 2:30 to 5:30 p.m.

Tea 40c

Everyone Welcome

led into the Hillcrest group an election of officers was held with R. Brown elected president; Joe Atkinson, first vice-president; Steve Gresi, second vice-president; secretary John McDade and treasurer, Mrs. F. McDougall. Commitees for the organization will be selected at the next meeting.

Meeting of the newly formed branch will be held on every third Tuesday of the month. To conclude the meeting a film "The Royal Journey" was shown.

Give your kitchen... and bathroom

Sparkling Whiteness that stays white

LOWE BROTHERS

## SUPER WHITE ENAMEL

resists yellowing, is completely washable

At last, a fine quality paint that will not fade or yellow. Lowe Brothers Super White enamel gives durable new beauty to your kitchen, bathroom or furniture. It flows smoothly, leaves no brush marks, dries quickly and is specially made to resist moisture and heat... yet Super White retains its high gloss and brilliance, through years of wear. Learn the fun of painting things yourself with Lowe Brothers Super White.



## MODERN ELECTRIC

Main Street, Coleman, Alberta

## Anniversary Supper . . . . .

in the United Church Club Room

on

Monday, April 30th

from 5 p.m. to 7 p.m.

Adults \$1.00 - Students 75c - Children under 12 yrs. 50c

EVERYBODY WELCOME

## Variety Concert

By pupils of Mrs. A. Buckna's Music Studio and the Dancing pupils of Mrs. Jepson, also featuring the young tumblers from the Coleman Physical Group

Coleman High School Auditorium

FRIDAY, APRIL 27th

at 8 p.m.

Admission: Adults 50c - Students & Children 25c

Tickets may be obtained from any Coleman Junior High School Pupil

## Gardening Time

See Us for All Your Garden and Lawn Requirements

SPADES, FORKS, RAKES, HOES, ETC.

GARDEN HOSES, 10 years guarantee

\$3.95 to \$9.75

SPRINKLERS, NOZZLES, Etc.

VIGORO FERTILIZER and ELEPHANT

BRAND FERTILIZER

Bulk 12c

COLEMAN HARDWARE

and Furniture Company

W. Dutil, Prop.

Phone 3639